

Ultimate Seed Starting Guide (A Complete Reference)

I Introduction

- a. Greeting from instructor
- b. Course outline
- c. Why Start Plants From Seed?

II Seed Selection

- a. List Of Reputable Seed Companies
- b. Seed Catalog Walkthrough
- c. What To Consider When Buying Seeds
- d. When To Order Your Seeds

III Containers

- a. Seed Tray Size & Spacing
- b. Recycled Seed Trays
- c. Drainage
- d. Seed Tray Recommendations
- e. Multisowing
- f. Labels

IV Growing Medium

- a. What Is Seed Starting Mix?
- b. Growing Medium Recommendations
- c. Custom Growing Medium (Make Your Own!)
- d. Soilless Potting Mix (Peat Moss & Perlite)
- e. Soilless Potting Mix (Adding Nutrients)
- f. Cautions

V Sowing Seeds

- a. How Many Seeds To Plant?
- b. How Deep To Plant Seeds?
- c. Sowing Red Beet Seeds
- d. Multisowing Red Beet Seeds

VI Moisture & Watering

- a. Backfilling & Watering Seed Trays
- b. Watering Seeds (Spray or Tray?)
- c. Humidity Domes
- d. Plastic Wrap
- e. Spray Bottle Watering (Plant Mister)

VII Temperature & Heat

- a. Ideal Temperature For Seed Germination
- b. Seed Starting Mat (Heat Mat)
- c. Greenhouses & Cold Frames
- d. Humidity Domes, Revisited
- e. Heating A Small Space

VIII Light

- a. Which Seeds Need Light?
- b. Grow Light Height & Recommendations
- c. Day Length

IX Timeline (When To Sow, Pot Up, & Transplant)

- a. Germination Factors
- b. Last Frost Date
- c. Potting Up (Repotting)
- d. Transplanting Outdoors

X Extras

- a. Saving Tomato Seeds
- b. Sowing Red Beet Seeds
- c. Multisowing Red Beet Seeds
- d. Sowing Peas (Part 1)
- e. Sowing Peas (Part 2)
- f. Sowing Presoaked Peas
- g. Paper Towel Method

XI Troubleshooting (Q & A)

- a. Troubleshooting FAQs